



LEEWARD YMCA
 94-440 Mokuola St.
 Waipahu, Hawaii 96797
 ymcahonolulu.org

Summer JR Leader Staff

Site Coordinator
 Jonah Alejandro

Youth Director
 Mua Moimoi



Program Hours

Monday - Friday
 7:00 am - 5:30 pm

Drop-Off: 7:00 am - 8:00 am

Pick-Up: 4:00 pm-5:30 pm

JR Leader Site Phone Number

808-343-3458



Lost something? Please check our Lost and Found. Any items left at the end of program, will be donated.

QUESTION, COMMENTS, IDEAS?

For more information on Youth Development Programs, go to www.ymcahonolulu.org.

Leeward JR Leader Newsletter

Week #4: June 24 - 28, 2024

FULL S.T.E.A.M AHEAD

ALOHA PARENTS & GUARDIANS,

Welcome to week 4! As we move into our fourth week of summer we look forward to sharing our Junior Chef experience with our summer plus program. This week is all about building, thinking, solving and fun creative science activities. Please check our video recap of week 3 posted at the front entrance.

Our program's goal is to build friendships, develop leadership skills, explore strength, and much more! If you have any questions or concerns please call us at 808-343-3458, Mahalo!



ACTIVITY SCHEDULE (SUBJECT TO CHANGE)

Mon June 24	Tues June 25	Wed June 26	Thur June 27	Fri June 28
Weekly Goal setting	Assist with Groups - Robo Tech Rotation / Walking Field Trip to Waipahu Public Library	 REC SWIM 10 AM - 11 AM	Assist with Groups - Painting Palooza Art	EXPLORATION EXCURSION Scavenger Hunt at Pearl Ridge
<u>Junior Chef</u> Cooking Demo at Ewa Mahiko Park	_____	<u>TEEN ZONE</u> Level Up Your Game	_____	Be here by 8:00 AM Board Bus 9:00 AM Be Back by 1:00 PM
Teen Reflection	Youth and Government	KONA ICE	Youth and Government	

IMPORTANT INFORMATION

- DROP-OFF: 7am- 8am and PICK-UP: 4:00pm-5:30pm- Please enter through Mokuola Street (behind Filcom Center). If you are dropping off or picking up your teen outside the times listed above, please notify us at 808-343-3458 if he/she will be late.
- Teens must sign in upon arrival and sign out at pick-up.
- Please pack snacks for the day. We are a NUT-FREE program, please do not pack snacks containing nut products.
- Daily Hot Meals are provided by Lanakila Kitchen. All participants must [submit a completed, signed form](#) from their parent or guardian. Lunch will start at 12 pm (excursion time will vary).
- Please send your teen with a reusable water bottle.
- Swim Days: Wednesday from 10 am - 11 am. Please see the list on the back side for things to bring.

LUNCH MENU - LANAKILA KITCHEN

“USDA is an equal opportunity provider and employer”

MONDAY JUNE 24	TUESDAY JUNE 25	WEDNESDAY JUNE 26	THURSDAY JUNE 27	FRIDAY JUNE 28
Lunch: Hamburger w/Gravy, brown rice, mixed vegetable, orange, 1% milk	Lunch: Garlic Chicken Parm, whole grain pasta prep, kangkong/ong choy, fruit cup, 1% milk	Lunch: Lemon Capar Fish, brown rice prep, sweet potato meals, fruit cup, 1% milk	Lunch: Creamy Beef, whole grain pasta prep, baby choy sum, banana, 1% milk	Lunch: Chicken Tomato, pasta bake, whole grain pasta prep, watercress, fruit cup, 1% milk

JUNIOR CHEF - DEMO STYLE PROJECT

“Taste the Rainbow”

Teens will plan, shop, and prepare a recipe for our summer plus program at Ewa Mahiko Community Park. They will teach, and demonstrate hands-on safety in the kitchen and recipe.

Ewa Mahiko Community Park – Ewa Beach

Monday, June 24, 2024

1:30 PM – 3:00 PM



TEEN ZONE

LEVEL UP YOUR GAME

GAME ON! Teens will challenge in a fun game of multi-player card games, checker, video games, board games, raffle and more.



Games & Snacks provided!

Wednesday, June 26, 2024

1:00 PM – 2:30 PM



REC SWIM/ SAFETY AROUND WATER

PACK THE FOLLOWING:

- Swim Wear (NO COTTON MATERIAL)
- Plastic bag (for wet clothes)
- Towel
- Sunscreen
- Life jacket (if needed/ is provided)
- Extra change of clothes
- Hair tie (for hair that is longer than shoulder length)
- Goggles

EXPLORATION EXCURSION

SCAVENGER HUNT AT PEARL RIDGE



Be here by 8:00 am

Be back by 1:00 pm

Teens will split into teams for a fun challenge at the mall. Let's see who can beat the clock and find all the locations - got clues?

Please wear comfortable clothes, uniform shirt, covered shoes, name tags, and extra money to shop and purchase lunch.

TEEN EVENTS

Be sure to register for all of the upcoming teen events, including our “Ragger” Goal-Setting Weekend Retreat at Camp Erdman. Up next: Lanikai Pill Box Hike on Sat, June 22

Click flyer to download or go to:
<https://bit.ly/4b9UGSr>



Teen Events

bit.ly/3xozFFK



“Raggers” Weekend
Goal-Setting
Camp Erdman
Retreat

bit.ly/3Xi12fb



HAWAIIAN WORD OF THE WEEK

KŌKUA

**TO SUPPORT, COMFORT, ASSIST,
AND HELP**

This week, we will get to know each other through icebreakers, identity, teambuilding, crafts, and fun outdoor activities.

YOUTH AND GOVERNMENT (YAG) PROGRAM

YAG helps Junior Leaders become a more active citizen and leaders and includes hands-on experiences in researching community issues, understanding the legislative process, and advocating for civil causes they care about.

