



KALIHI YMCA

1335 Kalihi St
Honolulu, HI 96819
ymcahonolulu.org

Day Camp Phone: (808) 286-9870

Summer Day Camp Staff

Site Coordinators

AM: Ms. Caydees

PM: Ms. Layla

AM Youth Leaders

Ms. Jasselyn & Mr. Lusius

PM Youth Leaders

Ms. Maria & Ms. Alyssa

Youth Director

Ms. Goodheart

Youth Aid

Ku'ulei Kaneakalau

kkaneakalau@ymcahonolulu.org

Program Hours

Monday-Friday
7:00am-5:30pm

Drive-Thru Drop-Off
7:00am-8:00am

Drive-Thru Pick-Up
4:00pm-5:30pm

NEWS & PROMOTIONS

Y Membership Promotion

- \$0 Joiner Fee for any new Family Y Membership - \$99 savings!
- Family Y members save up to 20% on Camps, Programs, and Swim Lessons - AND get free child watch while parents work out.



bit.ly/4azhJpE

Kalihi Day Camp Newsletter

Week 5: July 1-5
Summer Magic

WELCOME TO THE KALIHI YMCA DAY CAMP OHANA!


Aloha, and welcome to Week 5, this summer's midway point! Our theme this week is Summer Magic. Magic lives within each of us and takes the form of kindness, respect, and love. We will focus on the power of exhibiting these qualities through fun activities and reflection.

ACTIVITY HIGHLIGHTS

The week's themes of kindness, respect, and love are running through our highlighted activities, with the illumination of emotions in the movie *Inside Out 2*, a focus on empathy in our mental health explorations about the pressure to obey, and the effects of kindness with our Kidz Lit selection by Trudy Ludwig. Keiki will think about the effects of these themes within themselves, their peer groups, families, and the communities they belong to.

On Friday, we will have keiki make their own mini-musubis at the "Musubi Cafe." Options will include Tofu, Veggie, and Tuna, though there will be Spam for the classic musubi combination.

ACTIVITY SCHEDULE

Mon July 1	Tues July 2	Wed July 3	Thurs July 4	Fri July 5
Mental Health Exploration: Pressure to Obey	Kidz Lit: The Power of One: Every Act of Kindness Counts by Trudy Ludwig	Field Trip: Kailua Cinemas 8:30 am-1:00 pm	4th of July Holiday No Program	Cooking: Musubi Cafe 

IMPORTANT INFORMATION

- **DRIVE-THRU DROP-OFF:** 7am—8 am and **DRIVE-THRU PICK-UP:** 4:30pm-5:30pm—If you will be dropping off or picking up your child(ren) outside of the times listed above, please park and walk into the building to drop-off or pick-up your child.
- **ABSENCES:** If your child will be absent, please text or call the site phone at **(808) 286-9870** before 8:30am.
- **100% ID CHECKS**—For safety purposes, please have your ID ready to present when picking up your child(ren).
- Please pack **two snacks** daily—one for the morning and one for the afternoon. *Since we are a nut-free program, please do not pack snacks containing nuts.*
- Please send your child(ren) to program with a **reusable water bottle** every day.
- **Field trip permission forms** must be returned promptly. If your child doesn't want to go on a particular field trip, parents must make alternative arrangements for that day. No staff will remain at the Y to watch children on field trip days. Parents will be called to retrieve children who attend the program on field trip day without a signed permission form.

DAY CAMP PICK-UP PROCEDURES

Before 3:00 pm

Sign-out will be at the 3rd-floor classrooms. Please check in with the Front Desk before coming upstairs. For the safety of the children in the program, Front Desk staff are required to know all persons entering the Branch.

3:00 pm- 4:00 pm

Sign-out will be with the Site Coordinator in the Welcome Center.

After 4:00 pm

Drive-thru pick-up from the Teen Center.

Don't forget your picture I.D.! Mahalo for your kokua!

FREE LUNCHES

In partnership with the USDA and Hawaii's Department of Education Hawaii Child Nutrition Program, the Kalihi YMCA offers free lunches to children in our Summer Day Camp program. The meals are crafted by Lanakila Kitchen in accordance with the USDA's nutrition guidelines and consist of a child's size portion of a protein, a starch, a vegetable, a fruit, and low-fat milk. There will be a menu provided monthly. If parents want their child to participate in the "Free Meals" program, an [Enrollment Form](#) must be completed and returned to program within the first two days of your child's attending program. *Please make staff aware of any food allergies or dietary concerns your child may have on the first day they attend program.*

WEDNESDAY SWIMMING DETAILS

DAY CAMP WILL NOT BE SWIMMING THIS WEEK DUE TO THE 4TH OF JULY HOLIDAY. SWIMMING WILL RESUME NEXT WEEK AND SHOULD OCCUR EVERY WEDNESDAY FOR THE REST OF SUMMER PROGRAM.

NEXT WEEK'S FIELD TRIP: CAMP ERDMAN DAY EXCURSION

Next week Thursday, we will head to Camp Erdman in Mokule'ia to participate in the island-wide YMCA Day Camp "Friendship Games." It's sure to be an action-packed day of thrills and comradery. This year's theme is Pirates vs. Ninjas.



WEEK 5 FIELD TRIP: KAILUA CINEMAS

We will be watching *Inside Out 2* in a movie theater rented just for us! Kiddos will get a keiki snack box containing keiki-sized popcorn, a small fountain drink, and a fruit snack packet to munch pm during the movie—all included—no additional money required!

*Field trip forms are required and must be turned in by Tuesday, July 2. If your child does not wish to go on the field trip, you will need to make alternative arrangements for the day, as no staff will remain at the YMCA to watch child(ren). Please drop off your child(ren) **NO LATER than 8:00am** on field trip day. Our bus will be departing at 8:30am from Bernice Street.*

FIELD TRIP DETAILS

Date: Wednesday, July 3, 2024

Time: 8:30 am- 12:30

Place: Kailua Cinemas at Enchanted Lake Center



*Return time is an estimate and depends on traffic. If you are planning to pick your child up around our return time, please call the site phone at (808) 286-9870 to verify our location.

HEROIC JOURNEY AT HOME

Pressure to Obey

This week is about understanding why we sometimes follow what other say, even if it's wrong. We will learn how to make good, ethical choices and think for ourselves.

Parent Video

bit.ly/3KuLYDg



HAWAIIAN WORD OF THE WEEK

Kuleana- Responsibility, privilege, job, and title.

PROMOTIONS

Join our free [Summer Bucket List Challenge](#) where completing just 20 activities could win you a grand prize of \$2000, along with weekly Y swag and Y Bucks. Open to the public—register online or visit any YMCA location and start your adventure with the whole family!

bit.ly/3KhpwWl



Hiring youth leaders for up to \$19 per hour: get free YMCA membership, 60% off camps & childcare, paid training, & more!

bit.ly/YMCAJobDetails



Refer a new hire and earn \$250 in Y credits for camps, swim lessons, and more!

Watch or share this fun video!



bit.ly/4aU20ku

UPCOMING JR LEADER TEEN EVENTS

Sunday, July 7
Nu'uano YMCA
12:45pm- 2:45 pm
Sports Social

Sunday, July 21
Nu'uano YMCA
12:45 pm- 2:45pm
Dodgeball Day



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