



LEEWARD YMCA
 94-440 Mokuola St.
 Waipahu, Hawaii 96797
 ymcahonolulu.org

Summer JR Leader Staff

Site Coordinator
 Jonah Alejandro

Youth Director
 Mua Moimoi



Program Hours

Monday - Friday

7:00 am - 5:30 pm

Drop-Off: 7:00 am - 8:00 am

Pick-Up: 4:00 pm-5:30 pm

JR Leader Site Phone Number

808-343-3458



Lost something? Please check our Lost and Found. Any items left at the end of program, will be donated.

QUESTION, COMMENTS, IDEAS?

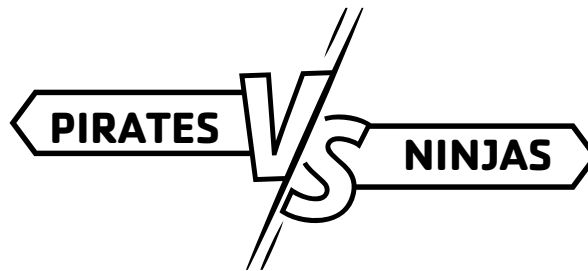
For more information on Youth Development Programs, go to www.ymcahonolulu.org.


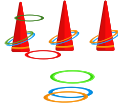
Leeward JR Leader Newsletter
Week #6: July 08 - 12, 2024

ALOHA PARENTS & GUARDIANS,

Welcome to week 6! Magic lives within each of us and takes shape as kindness, respect, and love. Power up your Summer Magic with fun activities and reflection.

Our program's goal is to build friendships, develop leadership skills, explore strength, and much more! If you have any questions or concerns please call us at **808-343-3458**, Mahalo!



ACTIVITY SCHEDULE (SUBJECT TO CHANGE)				
Mon July 08	Tues July 09	Wed July 10	Thur July 11	Fri July 12
Weekly Goal setting <u>Walking Field Trip</u> Pirates vs Ninjas Challenge @ Manager's Dr. Park Teen Reflection	Assist with Groups - Bandana Decorating <hr/> Youth and Government	<u>COMMUNITY SERVICE BINGO</u> with our Kupuna Members @ Leeward Y  <u>REC SWIM</u> 1:00 PM - 1:45 PM	<u>SDC EXCURSION</u> Friendship Games - Camp Erdman Be here by 7:30 AM Board Bus 8:00 AM Be Back by 2:00 PM 	Assist with Groups - Friend Fest <hr/> Youth and Government

IMPORTANT INFORMATION

- DROP-OFF: 7am- 8am and PICK-UP: 4:00pm-5:30pm- Please enter through Mokuola Street (behind Filcom Center). If you are dropping off or picking up your teen outside the times listed above, please notify us at **808-343-3458** if he/she will be late.
- Teens must sign in upon arrival and sign out at pick-up.
- Please pack snacks for the day. We are a NUT-FREE program, please do not pack snacks containing nut products.
- Daily Hot Meals are provided by Lanakila Kitchen. All participants must [submit a completed, signed form](#) from their parent or guardian. Lunch will start at 12 pm (excursion time will vary).
- Please send your teen with a reusable water bottle.
- Swim Days: Wednesday from **10 am - 11 am**. Please see the list on the back side for things to bring.

LUNCH MENU - LANAKILA KITCHEN

“USDA is an equal opportunity provider and employer”

MONDAY JULY 08	TUESDAY JULY 09	WEDNESDAY JULY 10	THURSDAY JULY 11	FRIDAY JULY 12
Lunch: Ulu Chicken Corn Chowder, brown rice, mixed vegetables, oranges, 1% milk	Lunch: Honey Chicken, brown rice prep, Kangkong/Ong Choy, fruit cup, 1% milk	Lunch: Local Style Chicken, brown rice prep, sweet potato meals, fruit cup, 1% milk	Lunch: 5-Spice Beef, brown rice prep, baby choy sum, banana, 1% milk	Lunch: Meatball Stroganoff, whole grain pasta prep, watercress, fruit cup, 1% milk

HAWAIIAN WORD OF THE WEEK

LAULIMA

ENCOURAGES STUDENTS TO BE COMMUNITY-MINDED BY WORKING ON A COLLECTIVE TASK.

This week, we will get to know each other through icebreakers, identity, teambuilding, crafts, and fun outdoor activities.

TEEN EVENT DETAILS

Be sure to register for all of the upcoming teen events, including our “Ragger” Goal-Setting Weekend Retreat at Camp Erdman.

Up next: Sports Social at Nu’uanu Y on July 7!! See all the Teen Events!

DATE	EVENT	LOCATION
JULY 7 SUNDAY	SPORTS SOCIAL	12:45PM - 2:45PM Nu’uanu Branch
JULY 12-14 FRI-SUN	“RAGGERS” GOAL SETTING RETREAT	REGISTER bit.ly/3Xi12fb Camp Erdman
JULY 17 WEDNESDAY	BBQ POOL PARTY	5:30PM - 7:30PM Mililani Branch
JULY 21 SUNDAY	DODGEBALL DAY	12:45 PM - 2:45 PM Nu’uanu Branch
JULY 26 FRIDAY	ESPORTS GAME NIGHT	6:30 PM - 8:30 PM HPU Arena

Registration Details: Use QR codes or links. go.hawaii.edu/FrL

WALKING FIELD TRIP TO MANAGER’S DR PARK

Pirates VS Ninjas

Monday, July 08, 2024
9:00 AM - 11:00 AM

Be prepared with the following:
Comfortable clothes, teen shirt, covered shoes, sunscreen, hat (optional), and bottle of water

COMMUNITY SERVICE

KUPUNA MEALS / BINGO

Teens will help serve meals to our Kupuna members at the Leeward Y. We will also have some fun playing BINGO with our Kupuna friends.

Wednesday, July 10, 2024
10:00 AM - 12:00 PM

- ### REC SWIM/ SAFETY AROUND WATER
- PACK THE FOLLOWING:
- Swim Wear (NO COTTON MATERIAL)
 - Plastic bag (for wet clothes)
 - Towel
 - Sunscreen
 - Life jacket (if needed/ is provided)
 - Extra change of clothes
 - Hair tie (for hair that is longer than shoulder length)
 - Goggles

- ### SDC EXCURSION
- ## FRIENDSHIP GAMES AT CAMP ERDMAN
-
- Be here by 7:30 am
Be back by 2:00 pm
- Please wear comfortable clothes, uniform shirt, covered shoes, name tags, water bottle, home lunch (optional), we will provide brown bag lunches.

Use QR codes or links

go.hawaii.edu/FrL

Event Registration



July 12 - 14: Camp Erdman Retreat Registration

bit.ly/3Xi12fb

