



**Kapolei Elementary**  
 91-119 Kamaaha Loop  
 Kapolei, HI 96707  
 ymcahonolulu.org

**Summer Day Camp Staff**

**Site Coordinator:**

Ms. Ayme  
 Ms. Jasmine

**Youth Leaders:**

**Morning Staff**

Ms. Beauty

**Afternoon Staff**

Mr. Mateo

**Program Hours**

**Monday-Friday**

**7am-5:30pm**

**Drop-Off: 7am-8am**

**Pick-Up: 4:30pm-5:30pm**

**Day Camp Site Phone Number**

**808-445-4267**

**NOW HIRING!**

Hiring youth  
 leaders for up to  
 \$19 per hour: get  
 free YMCA  
 membership, 60%  
 off camps &  
 childcare, paid  
 training, & more!



[bit.ly/YMCAJobDetails](http://bit.ly/YMCAJobDetails)

Refer a new hire and  
 earn \$250 in Y  
 credits for camps,  
 swim lessons, and  
 more!



Watch or share this  
 fun video!

[bit.ly/4aU20kU](http://bit.ly/4aU20kU)

**Kapolei Elementary Day Camp Newsletter**  
**Week 7: July 15 - 19, 2024**  
**Theme: Culture Remix**

Dear Parents & Guardians,

Welcome to Week 7! This week, we will celebrate each other's diversity and become more aware of our own. Not only will we become more aware, but we will also gain a sense of pride in the diversity of our own culture.

If you have any questions or concerns, please call our Day Camp Direct Line at **808-445-4267**. Mahalo!



**Need to Know**

**INCURSION/EXCURSION**

See permission/waiver form for dates of each incursion/excursion. Participants **MUST** turn in a permission release form.

**NUT-FREE SNACKS**

Please pack 2 or more snacks to last throughout the day.

**ALLERGIES/MEDICAL CONDITION**

Please let us know if your child has any allergies or medical conditions.

**OUTDOOR SAFETY**

Come prepared with sunscreen, bug repellent, covered shoes, and a hat. All groups will rotate outdoors throughout the day.

**WATER BOTTLE**

Must bring a hydro flask or water bottle. Water dispensers are available.

**LUNCH**

Please pack a lunch for your child every day. We do not have refrigeration or microwave available.

**Just A Reminder**

**Absent?**

Please call us at 808-445-4267 by 9:00 AM if your child will be absent from program. Please notify Day Camp immediately if you will be late. A \$5 late pick-up fee is charged for every 5 minutes beyond the closing time.

**Pick-Up Procedures**



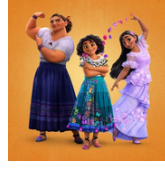
All authorized people must present their valid ID and sign out their child; if a person is not on the authorization pick-up list or not phoned in by the parent, YMCA staff will not release the child until the parent has been contacted and approves the child's release.

If your child is experiencing a cough or any symptoms of illness, we will call for immediate pick-up.

**WE ENCOURAGE PARTICIPANTS TO STAY HOME.**

FACE MASKS are optional.

## ACTIVITY SCHEDULE – SUBJECT TO CHANGE

Mon July 15	Tues July 16	Wed July 17	Thur July 18	Fri July 19
<p><b><u>MORNING</u></b> Food &amp; Fun</p> <p>-----</p> <p><b>SPECIAL GUEST:</b> Hawaiian Humane Society</p> <p>-----</p> <p><b><u>AFTERNOON</u></b> *Mental Health Curriculum "The Heroic Journey"</p>	<p><b><u>MORNING</u></b> Cottonball Cherry Blossom Tree</p>  <p>-----</p> <p><b><u>AFTERNOON</u></b> 4 Square</p>	<p><b><u>MORNING</u></b> Bongos</p>  <p>-----</p> <p><b><u>AFTERNOON</u></b> Mental Health Curriculum "The Heroic Journey"</p>	<p><b><u>MORNING</u></b> Paper Plate Platypus</p> <p>-----</p> <p><b><u>AFTERNOON</u></b> Soccer</p>	<p><b><u>MORNING</u></b> MOVIE: Encanto</p>  <p>-----</p> <p><b><u>AFTERNOON</u></b> Basket Ball</p>

## HEROIC JOURNEY AT HOME

### Bullying VS, Social Conflict

We will learn the difference between bullying and normal social conflicts, how to address each appropriately, and strategies for conflict resolution.

Parent Video:

[bit.ly/4c1SKfu](https://bit.ly/4c1SKfu)



### HAWAIIAN WORDS OF THE WEEK

LŌKAHI  
UNITY AND HARMONY AND

HŌ'IHI  
RESPECT

### KIDZLIT – BOOK OF THE WEEK

"All People are Beautiful"

By: Vincent Kelly

Kids literature helps engage students with simple ideas and moral lessons of the book.



### PROMOTIONS

Save \$99 on new Y Memberships!

Y Family Members enjoy free childwatch while yworking out; and up to 20% off programs, camps, and classes!



[bit.ly/4azhJpE](https://bit.ly/4azhJpE)

### Y Programs & Classes!

Art, Dance, Martial Arts, Sports, and more at the Y. Family members of the Y enjoy discounts of up to 20%!.



[bit.ly/3Q49V7J](https://bit.ly/3Q49V7J)

### LET'S GO CAMPING!

Overnight youth camp weeks are still available at Camp Erdman.

Camp Erdman Family Camps are all-inclusive!



[bit.ly/CampErdman](https://bit.ly/CampErdman)

You can also rent beachfront cabins or yurts! Camp Erdman Details:



"We rise  
by lifting  
others."

-Robert Ingersoll



### HEALTHY FOOD TIPS

- Prioritize vegetable intake in your meals.
- Opt for protein-rich snacks to keep you satisfied for longer.
- Choose low-fat dairy products to balance your nutrient intake.
- Be mindful of the portions on your plate.
- Create a meal menu schedule to help you stay on track.

