



MILILANI YMCA
 95-1190 Hikikaulia St
 Mililani HI 96789
 ymcahonolulu.org

Day Camp Site Phone Number
808-271-6354

Summer Day Camp Staff

Site Coordinators

Ms. Taby (AM)

Ms. Tiffani (PM)

Youth Director

Ms. Jessica



Program Hours

Monday-Friday

7am-5:30pm

Drive Through DROP-OFF:

7am-8am

Drive Through Pick-Up:

4:00pm-5:30pm

AQUA BLAST DAY SCHEDULE:

It is scheduled the same day as the swim. Please make sure your child has swim day materials.

Group 01-Mon 10:30am

Group 02-Tues 9:15am

Group 03-Tues 10:30am

Group 04-Wed 10:30am

Group 05-Thurs 10:30am



Mililani Y Day Camp Newsletter

Week 8: July 22-26

Weekly Theme: Under the Sea

ALOHA

Welcome to week 8 of Summer Day Camp! Dive with us as we explore the underwater world. We will learn about the different layers and who lives in them. We will also learn about the coral reef and how we can help care for the ocean.

AQUA BLAST DAY (INTRUSION)!

This week, participants will have a Splash Battle and Liquid Duel. Participants will partake in a safely organized water ball fight (Splash Battle), similar to the games "germ wars, snowball fight." They will also do a relay race involving water, cups, and buckets (Liquid Duel). Please see the Aqua Blast Day schedule for your child's group, date, and time.

END OF SUMMER FAMILY NIGHT- FRIDAY, AUGUST 2- 6:30PM-9PM

We are approaching the end of summer, which means it is time for our end-of-summer performances! Please join us; we will have games, performances, shave ice, and a bouncy house. There will be a sign-up sheet available for our potluck-style dinner. For more information, please see a Site Coordinator.

ACTIVITY SCHEDULE

Mon July 15	Tues July 16	Wed July 17	Thur July 18	Fri July 19
Submarine Activity	What is a Coral Reef?	Sharks and Minnows	Mental Wellness: Heroic Journey	Clean Your Room
Mental Wellness: Heroic Journey	<i>Group 2 Swim</i> Performing Arts Practice	How to Keep Coral Reefs Healthy	Kid's Choice	Sea Cucumber, Sea Star, & Sea Turtle
<i>Group 1 Swim</i> Water for Life- Ka Wai Ola	<i>Group 3 Swim</i> The Good Ship SPARK	<i>Group 4 Swim</i> Dolphin, Octopus, & Orca	<i>Group 5 Swim (Ages 5-8)</i> Climate Change and its Impact on Coral Reefs	<i>Group 5 Swim (Ages 9 & Up)</i> Kidz Lit "Mother of Sharks"
Lunch Menu: Baked Rotisserie Chicken, Rice, Carrots, & Fruit	Chicken Alfredo, Penne Pasta, Spinach, & Fruit	Hamburger Goulash, Rice, Mixed Veggies, & Fruit	Ham w/ Brown Sugar Glaze, Rice, & Fruit	Pork & Peas, Rice, & Fruit

IMPORTANT INFORMATION

- DROP-OFF: 7am- 8am and PICK-UP: 4:00pm-5:30pm- **If you will be dropping off your child(ren) outside of the times listed above, please notify us at 808-271-6354. It is vital for our attendance.**
- Call us by 8am if your child will be absent from program.
- Notify Day Camp staff immediately if you will be late. A \$5 late pick-up fee is charged for every 5 minutes beyond the closing time.
- 100% ID CHECKS—For safety purposes, please have your ID or dashboard sign ready to present when picking up your child(ren).
- **Lunch will be provided! See daily schedule for lunch menu.**
- Pack two snacks—one for the morning and one for the afternoon. We are a nut-free program; please do not pack snacks containing nuts.
- Please send your child(ren) with a reusable water bottle.

ATTENTION SUMMER DAY CAMP FAMILIES!



Register to join us for a free Family Pickleball Lesson & Play Session at our Nu'uuanu Y on **Friday, July 26.**

bit.ly/3LsUByI

All ages and abilities are welcome. Bond with other Summer Day Camp families while picking up a new sport. Spots are limited - choose from 3 time slots: 6 pm, 7 pm, or 8 pm. Pickleball racquets and equipment provided.

SNACK & LUNCH

Snack (Please provide AM & PM Snacks)

Participants will have two snack times, one in the morning and one in the afternoon. Please provide enough snacks for both times and remind child(ren) to save a snack for PM.

- AM Snack(s)
- PM Snack(s)
- NO PEANUTS
- NO PEANUT BUTTER



Lunch

Lunch will be provided DAILY!

The Day Camp program will be providing lunch for the rest of summer. Menu is on the activity calendar.

Please send your child with a reusable water bottle every day.

ACTIVITY SUPPLIES

Please provide the following supplies in a bag with your child daily.

- Pencil/Crayons/Markers
- Eraser
- Scissors
- Glue



SWIM DAYS

Please make sure your child has the following for their swim day. Swim schedule is on the activity calendar on this newsletter.

- Swimwear or clothes to get wet in
- Sunscreen
- Towel
- Change of clothes
- Slippers
- Extra bag for wet clothes

AQUA BLAST DAY INCURSION

All participants will have a water day where they'll do a water ball fight and relay race, safely monitored by staff. Please make sure they have swimwear or clothes to get wet in, sunscreen, towel, change of clothes, slippers, and an extra bag for wet clothes. See "Aqua Blast Day Schedule" on the front for groups, dates, and times.



Weekly Parent Evaluation - Day Camp

Mahalo for choosing the YMCA of Honolulu! We take pride in supporting our community and our keiki by providing safe experiences that build confidence, self-discovery, leadership, social and critical thinking skills that support their well-being, and academic growth. Plus, a sense of community that will last beyond summer.

We appreciate every program participant and family that joins us this summer and would appreciate any feedback you are willing to share! Please scan the QR code and complete the survey.

HEROIC JOURNEY AT HOME SOCIAL MEDIA - FUNNY VS MEAN

This week, we'll talk about how to be nice online, promoting responsible and kind interactions. You'll learn what's funny versus what can hurt others' feelings and be harmful.

Parent Video

bit.ly/4c1SKfu



HAWAIIAN WORDS OF THE WEEK

Aloha & Maikai'i

A way of life that expresses love, affection, and compassion
-Wellness and good

KIDZLIT - BOOK OF THE WEEK

Mother of Sharks

By: [Melissa Marquez](#)

Kids' literature helps engage students with simple ideas and moral lessons of the book.



PROMOTIONS

Save \$99 on new Y Memberships!

Y Family Members enjoy free childwatch while yworking out; and up to 20% off programs, camps, and classes!



bit.ly/4azhJpE

Y Programs & Classes!

Art, Dance, Martial Arts, Sports, and more at the Y. Family members of the Y enjoy discounts of up to 20%!.



bit.ly/3Q49V7J

LET'S GO CAMPING!

Overnight youth camp weeks are still available at Camp Erdman.

Camp Erdman Family Camps are all-inclusive!



bit.ly/CampErdman

You can also rent beachfront cabins or yurts!
Camp Erdman Details: