



LEEWARD YMCA
 94-440 Mokuola St.
 Waipahu, Hawaii 96797
ymcahonolulu.org

Summer JR Leader Staff

Site Coordinator
 Jonah Alejandro

Youth Director
 Mua Moimoi



Program Hours

Monday - Friday

7:00 am - 5:30 pm

Drop-Off: 7:00 am - 8:00 am

Pick-Up: 4:00 pm-5:30 pm

JR Leader Site Phone Number

808-343-3458



Lost something? Please check our Lost and Found. Any items left at the end of program, will be donated.

QUESTION, COMMENTS, IDEAS?

For more information on Youth Development Programs, go to www.ymcahonolulu.org.

Leeward JR Leader Newsletter

Week #9: July 29 - August 02, 2024

THEME: ALOHA SUMMER

ALOHA PARENTS & GUARDIANS,

Welcome to week 9! From hello to goodbye, Aloha Summer celebrates the most loved moments from this season with experiences focused on what we learned and, of course, fun!

Our program aims to build friendships, develop leadership skills, explore strength, and much more! If you have any questions or concerns, please call us at **808-343-3458**, Mahalo!



ACTIVITY SCHEDULE (SUBJECT TO CHANGE)

Mon July 29	Tues July 30	Wed July 31	Thur Aug 01	Fri Aug 02
Weekly Goal setting	Assist with Groups - Game Day!	 REC SWIM 10 AM - 11 AM	Assist with Groups - Nerf War Capture the Flag 	SDC EXCURSION Chuck E. Cheese Kapolei
Community Service Friendship Gift Making		FAMILY FUN FEST *help prep / set up	----- Mental Health Lesson - Kalihi Y	----- ENJOY THE SUMMER
Teen Reflection				

IMPORTANT INFORMATION

- DROP-OFF: 7am- 8am and PICK-UP: 4:00pm-5:30pm- Please enter through Mokuola Street (behind Filcom Center). If you are dropping off or picking up your teen outside the times listed above, please notify us at **808-343-3458** if he/she will be late.
- Teens must sign in upon arrival and sign out at pick-up.
- Please pack snacks for the day. We are a NUT-FREE program, please do not pack snacks containing nut products.
- Daily Hot Meals are provided by Lanakila Kitchen. All participants must [submit a completed, signed form](#) from their parent or guardian. Lunch will start at 12 pm (excursion time will vary).
- Please send your teen with a reusable water bottle.
- Swim Days: Wednesday from **10 am - 11 am**. Please see the list on the back side for things to bring.

LUNCH MENU - LANAKILA KITCHEN

“USDA is an equal opportunity provider and employer”

MONDAY JULY 29	TUESDAY JULY 30	WEDNESDAY JULY 31	THURSDAY AUG 01	FRIDAY AUG 02
Lunch: Beef Macaroni, whole grain macaroni, mixed vegetables, oranges, 1% milk	Lunch: Beef Goulash, whole grain pasta prep, kangkong/ong choy, fruit cup, 1% milk	Lunch: Chicken Curry, brown rice prep, sweet potato meals, fruit cup, 1% milk	Lunch: Roasted Turkey, brown rice, stuffing prep, baby choy sum, banana, 1% milk	Lunch: Teriyaki Fish, brown rice prep, watercress, fruit cup, 1% milk



Community Service

Friendship Gift Making
Teens will work on a friendship craft to exchange with our preschool friends.

Monday, July 29, 2024
11:00 am - 12:00 pm



SDC EXCURSION CHUCK E. CHEESE @ KAPOLEI

Friday, August 02, 2024
Be here by 8:00 am
Return by 2:00 pm

Teens are welcome to bring extra money for games and food. We will provide 2 slices of pizza, drink and 12 play points.



FAMILY FUN FEST

Come and join us for the end of summer celebration!



Wednesday, July 31, 2024
5:00 PM - 7:30 PM

For more information please see staff, Mahalo!

REC SWIM/ SPLASH BASH

PACK THE FOLLOWING:

- Swim Wear (NO COTTON MATERIAL)
- Plastic bag (for wet clothes)
- Towel
- Sunscreen
- Life jacket (if needed/ is provided)
- Extra change of clothes
- Hair tie (for hair that is longer than shoulder length)
- Goggles

FRIENDSHIP

Good friends make our lives better. This week, we will talk about what makes a good friend and how to keep our friendships strong.

HAWAIIAN WORD OF THE WEEK

Pilialoha - Friendship

PROMOTIONS

Save \$99 on new Y Memberships!

Y Family Members enjoy free childwatch while yworking out; and up to 20% off programs, camps, and classes!



bit.ly/4azhJpE

Y Programs & Classes!

Art, Dance, Martial Arts, Sports, and more at the Y. Family members of the Y enjoy discounts of up to 20%!



LET'S GO CAMPING!

Camp Erdman Family Camps are all-inclusive!

bit.ly/3Q49V7J



You can also rent beachfront cabins or yurts!

bit.ly/CampErdman

NOW HIRING!

Hiring youth leaders for up to \$19 per hour: get free YMCA membership, 60% off camps & childcare, paid training, & more!



bit.ly/YMCAJobDetails

Refer a new hire and earn \$250 in Y credits for camps, swim lessons, and more!



Watch or share this fun video!

bit.ly/4aU20kU