



# SWIM LESSONS – All Ages

## Session April–May 2025

### WINDWARD YMCA

Welcome Center:  
808-261-0808

Aquatic Director: Morgan Brailo  
Direct Number: 808-262-1489  
mbrailo@ymcahonolulu.org

### REGISTRATION

Register online at [ymcahonolulu.org](http://ymcahonolulu.org) in advance before sessions begin. The Welcome Center is available to assist with questions or financial assistance.



Register:  
[bit.ly/3LS5R67](https://bit.ly/3LS5R67)

### SWIM TEST

A swim test is required for all new students except for those entering into a Level 1 – Water Acclimation Stage (Pike or Jellyfish) or any Parent/Tot course. Swim tests are by appointment only and can be scheduled through the Aquatics Department. A swim test does not guarantee a space in the program. Spaces are available on a first come, first serve basis.



View Lesson  
Selector:  
[bit.ly/38QnrsJ](https://bit.ly/38QnrsJ)

### CLASS TIMES & FEES

- Classes must be purchased in session packages as noted below.
- There are no makeups, credit or refunds for any reasons after the start date of the session.
- Financial assistance is available, please visit the Welcome Center for more information.
- 6 Month to 12 Years: 30-Minute Class
- 13+ years: 45-Minute Class

Group Lessons		Rate Per Class	Member Rate Per Class
Must be purchased by session. The number of lessons per session vary from 3-12 depending on branch schedule format. See below for specific packages & schedules.			
6 months to 12 years:	30-Minute Class	\$26	\$21
13 years +:	45-Minute Class	\$29	\$24
Private Swim Lessons: 5 Class Package		Rate Per 5-Class Package	
3 Years Old to Adults		30-Minute Classes	45-Minute Classes
Must be purchased in 5-class packages, paid in full before the first day of instruction, are non-refundable and be completed with 35 days of registration. Member rates are not available. Registration forms are available at the Branch.			
Individual: Five Classes		\$240 (\$48 per class)	\$320 (\$64 per class)
Buddy (2 Students): Five Classes		\$350 (\$70 per class)	\$475 (\$95 per class)

### Branch Private Lesson Schedule/Information

Please email Morgan Brailo at [mbrailo@ymcahonolulu.org](mailto:mbrailo@ymcahonolulu.org) or visit our website to submit a request form. All requests

Swim Team: Ages 6 to 18 Years Old	Monthly Member Rate	Monthly Non-Member Rate
Must be able swim 25 yards of Freestyle, Backstroke & Breaststroke, and 15 yards of Butterfly with simultaneous kick and arm action. Payment is due by 1st of month. Draft option is available.		
COACH: Morgan Brailo	\$110	\$135

PRACTICE SCHEDULE: 5p-6p MONDAY/WEDNESDAY/FRIDAY; 8a-9a SATURDAY

## SWIM STARTERS (Infants/Toddlers Accompanied By Parent/Guardian) Ages 6 Months to 35 Months

### PARENT/TOT – LEVELS A/WATER DISCOVERY and B/WATER EXPLORATION

Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
Tuesday/ Thursday	8a-830a; 830a-9a	4/1/25-4/29/25		\$189	\$234
		5/1/25-5/29/25			
Saturday	940a-1010a; 11a-1130a	4/5/25-5/24/25		\$168	\$208
Sunday	12p-1230p	4/6/25-5/25/25		\$147	\$182

## Ages 3 to 5 Years Old

### SWIM BASICS – LEVELS 1-3

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
1/WATER ACCLIMATION: PIKE	Sunday	1045a-1115a; 12p-1230p; 120p-150p	4/6/25-5/25/25	4/20– Easter	\$147	\$182
	Monday	245p-315p; 355p-425p	4/7/25-5/19/25		\$147	\$182
	Tuesday	245p-315p; 355p-425p	4/1/25-5/20/25		\$168	\$208
	Wednesday	245p-315p; 355p-425p	4/2/25-5/21/25		\$168	\$208
	Thursday	245p-315p; 355p-425p	4/3/25-5/22/25		\$168	\$208
	Friday	245p-315p; 355p-425p	4/4/25-5/23/25		\$168	\$208
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	4/5/25-5/24/25		\$168	\$208
2/WATER MOVMENT: EEL	Sunday	1045a-1115a; 12p-1230p; 120p-150p	4/6/25-5/25/25	4/20– Easter	\$147	\$182
	Monday	245p-315p; 355p-425p	4/7/25-5/19/25		\$147	\$182
	Tuesday	245p-315p; 355p-425p	4/1/25-5/20/25		\$168	\$208
	Wednesday	245p-315p; 355p-425p	4/2/25-5/21/25		\$168	\$208
	Thursday	245p-315p; 355p-425p	4/3/25-5/22/25		\$168	\$208
	Friday	245p-315p; 355p-425p	4/4/25-5/23/25		\$168	\$208
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	4/5/25-5/24/25		\$168	\$208

# Ages 3 to 5 Years Old

## SWIM BASICS – LEVELS 1-3

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
3/WATER STAMINA: RAY	Sunday	1045a-1115a; 12p-1230p; 120p-150p	4/6/25-5/25/25	4/20– Easter	\$147	\$182
	Monday	245p-315p; 355p-425p	4/7/25-5/19/25		\$147	\$182
	Tuesday	245p-315p; 355p-425p	4/1/25-5/20/25		\$168	\$208
	Wednesday	245p-315p; 355p-425p	4/2/25-5/21/25		\$168	\$208
	Thursday	245p-315p; 355p-425p	4/3/25-5/22/25		\$168	\$208
	Friday	245p-315p; 355p-425p	4/4/25-5/23/25		\$168	\$208
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	4/5/25-5/24/25		\$168	\$208

## SWIM STROKES – LEVEL 4

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
4/STROKE INTRODUCTION: STARFISH	Sunday	1045a-1115a; 12p-1230p; 120p-150p	4/6/25-5/25/25	4/20– Easter	\$147	\$182
	Monday	245p-315p; 355p-425p	4/7/25-5/19/25		\$147	\$182
	Tuesday	245p-315p; 355p-425p	4/1/25-5/20/25		\$168	\$208
	Wednesday	245p-315p; 355p-425p	4/2/25-5/21/25		\$168	\$208
	Thursday	245p-315p; 355p-425p	4/3/25-5/22/25		\$168	\$208
	Friday	245p-315p; 355p-425p	4/4/25-5/23/25		\$168	\$208
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	4/5/25-5/24/25		\$168	\$208

# Ages 6 to 12 Years Old

## SWIM BASICS – LEVELS 1-3

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
1/WATER ACCLIMATION: JELLYFISH	Sunday	1120a-1150a; 1240p-110p	4/6/25-5/25/25	4/20– Easter	\$147	\$182
	Monday	320p-350p, 430p-5p	4/7/25-5/19/25		\$147	\$182
	Tuesday	320p-350p, 430p-5p	4/1/25-5/20/25		\$168	\$208
	Wednesday	320p-350p, 430p-5p	4/2/25-5/21/25		\$168	\$208
	Thursday	320p-350p, 430p-5p	4/3/25-5/22/25		\$168	\$208
	Friday	320p-350p, 430p-5p	4/4/25-5/23/25		\$168	\$208
	Saturday	9a-930a; 1020a-1050a	4/5/25-5/24/25		\$168	\$208
2/WATER MOVMENT: POLLIWOG	Sunday	1120a-1150a; 1240p-110p	4/6/25-5/25/25	4/20– Easter	\$147	\$182
	Monday	320p-350p, 430p-5p	4/7/25-5/19/25		\$147	\$182
	Tuesday	320p-350p, 430p-5p	4/1/25-5/20/25		\$168	\$208
	Wednesday	320p-350p, 430p-5p	4/2/25-5/21/25		\$168	\$208
	Thursday	320p-350p, 430p-5p	4/3/25-5/22/25		\$168	\$208
	Friday	320p-350p, 430p-5p	4/4/25-5/23/25		\$168	\$208
	Saturday	9a-930a; 1020a-1050a	4/5/25-5/24/25		\$168	\$208
3/WATER STAMINA: GUPPY	Sunday	1120a-1150a; 1240p-110p	4/6/25-5/25/25	4/20– Easter	\$147	\$182
	Monday	320p-350p, 430p-5p	4/7/25-5/19/25		\$147	\$182
	Tuesday	320p-350p, 430p-5p	4/1/25-5/20/25		\$168	\$208
	Wednesday	320p-350p, 430p-5p	4/2/25-5/21/25		\$168	\$208
	Thursday	320p-350p, 430p-5p	4/3/25-5/22/25		\$168	\$208
	Friday	320p-350p, 430p-5p	4/4/25-5/23/25		\$168	\$208
	Saturday	9a-930a; 1020a-1050a	4/5/25-5/24/25		\$168	\$208

# Ages 6 to 12 Years Old

## SWIM STROKES – LEVEL 4-6

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
4/STROKE INTRODUCTION: MINNOW	Sunday	1120a-1150a; 1240p-110p	4/6/25-5/25/25	4/20– Easter	\$147	\$182
	Monday	320p-350p, 430p-5p	4/7/25-5/19/25		\$147	\$182
	Tuesday	320p-350p, 430p-5p	4/1/25-5/20/25		\$168	\$208
	Wednesday	320p-350p, 430p-5p	4/2/25-5/21/25		\$168	\$208
	Thursday	320p-350p, 430p-5p	4/3/25-5/22/25		\$168	\$208
	Friday	320p-350p, 430p-5p	4/4/25-5/23/25		\$168	\$208
	Saturday	9a-930a; 1020a-1050a	4/5/25-5/24/25		\$168	\$208
5/STROKE DEVELOPMENT: FISH	Sunday	1120a-1150a; 1240p-110p	4/6/25-5/25/25	4/20– Easter	\$147	\$182
	Monday	320p-350p, 430p-5p	4/7/25-5/19/25		\$147	\$182
	Tuesday	320p-350p, 430p-5p	4/1/25-5/20/25		\$168	\$208
	Wednesday	320p-350p, 430p-5p	4/2/25-5/21/25		\$168	\$208
	Thursday	320p-350p, 430p-5p	4/3/25-5/22/25		\$168	\$208
	Friday	320p-350p, 430p-5p	4/4/25-5/23/25		\$168	\$208
	Saturday	9a-930a; 1020a-1050a	4/5/25-5/24/25		\$168	\$208
6/STROKE MECHANICS: FLYING FISH	Sunday	1120a-1150a; 1240p-110p	4/6/25-5/25/25	4/20– Easter	\$147	\$182
	Monday	320p-350p, 430p-5p	4/7/25-5/19/25		\$147	\$182
	Tuesday	320p-350p, 430p-5p	4/1/25-5/20/25		\$168	\$208
	Wednesday	320p-350p, 430p-5p	4/2/25-5/21/25		\$168	\$208
	Thursday	320p-350p, 430p-5p	4/3/25-5/22/25		\$168	\$208
	Friday	320p-350p, 430p-5p	4/4/25-5/23/25		\$168	\$208
	Saturday	9a-930a; 1020a-1050a	4/5/25-5/24/25		\$168	\$208

## Ages 6 to 12 Years Old

### SWIM PATHWAYS – LEVEL 7-8

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
7/ ENDURANCE, SPORTS AND GAMES: SHARK	Sunday	1120a-1150a; 1240p-110p	4/6/25-5/25/25	4/20– Easter	\$147	\$182
	Monday	320p-350p, 430p-5p	4/7/25-5/19/25		\$147	\$182
	Tuesday	320p-350p, 430p-5p	4/1/25-5/20/25		\$168	\$208
	Wednesday	320p-350p, 430p-5p	4/2/25-5/21/25		\$168	\$208
	Thursday	320p-350p, 430p-5p	4/3/25-5/22/25		\$168	\$208
	Friday	320p-350p, 430p-5p	4/4/25-5/23/25		\$168	\$208
	Saturday	9a-930a; 1020a-1050a	4/5/25-5/24/25		\$168	\$208
8/AQUATIC CONDITIONING: PORPOISE	Sunday	1120a-1150a; 1240p-110p	4/6/25-5/25/25	4/20– Easter	\$147	\$182
	Monday	320p-350p, 430p-5p	4/7/25-5/19/25		\$147	\$182
	Tuesday	320p-350p, 430p-5p	4/1/25-5/20/25		\$168	\$208
	Wednesday	320p-350p, 430p-5p	4/2/25-5/21/25		\$168	\$208
	Thursday	320p-350p, 430p-5p	4/3/25-5/22/25		\$168	\$208
	Friday	320p-350p, 430p-5p	4/4/25-5/23/25		\$168	\$208
	Saturday	9a-930a; 1020a-1050a	4/5/25-5/24/25		\$168	\$208

## TEEN/ADULT SWIM Ages 13 Years Old+

Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
Tuesday/ Thursday	6p-645p	4/1/25-4/29/25		\$216	\$261
		5/1/25-5/29/25			
Saturday	8a-845a	4/5/25-5/24/25		\$232	\$192

## SWIM TEAM

### Ages 6-18 Years Old



Month	Session Dates	No Swim Dates
April	4/1/25-4/30/25	N/A
May	5/2/25-5/31/25	5/25– Memorial Day